
UNIT
1
I feel happy
أنا أشعر بالسعادة

Part 

Who am I?

يحتوي هذا الجزء على الوحدات ١ . ٢ . ٣ .

Unit 1 I feel happy



Unit 2 What's the matter?



Unit 3 On the weekend





Lesson 1

Vocabulary



Other vocabulary مفردات أخرى

How ...?	كيف ...؟	today	اليوم
Let's ...	هيا بنا ...	Me, too.	وأنا أيضًا.
kitchen	مطبخ	eat	يأكل
come	يأتي / يحضر	soon	في القريب العاجل
have something	يتناول شيء ما		

Look, listen and repeat.

Hany : I feel happy today. How do you feel, Hana?
أنا أشعر بالسعادة اليوم. كيف تشعرين يا "هنا"؟

Hana : I feel excited. Daddy is coming home soon! How do you feel, Youssef?
أنا أشعر بالحماس. أبي سيأتي للمنزل حالاً! كيف تشعر يا "يوسف"؟

Youssef : It's hot. I feel thirsty.
الجو حار. أنا أشعر بالعطش.

Amira : Me too, and I feel hungry.
وأنا أيضا أشعر بالجوع.

Hana : Let's go to the kitchen to have something to eat.
هيا بنا نذهب إلى المطبخ لنتناول شيء ما.



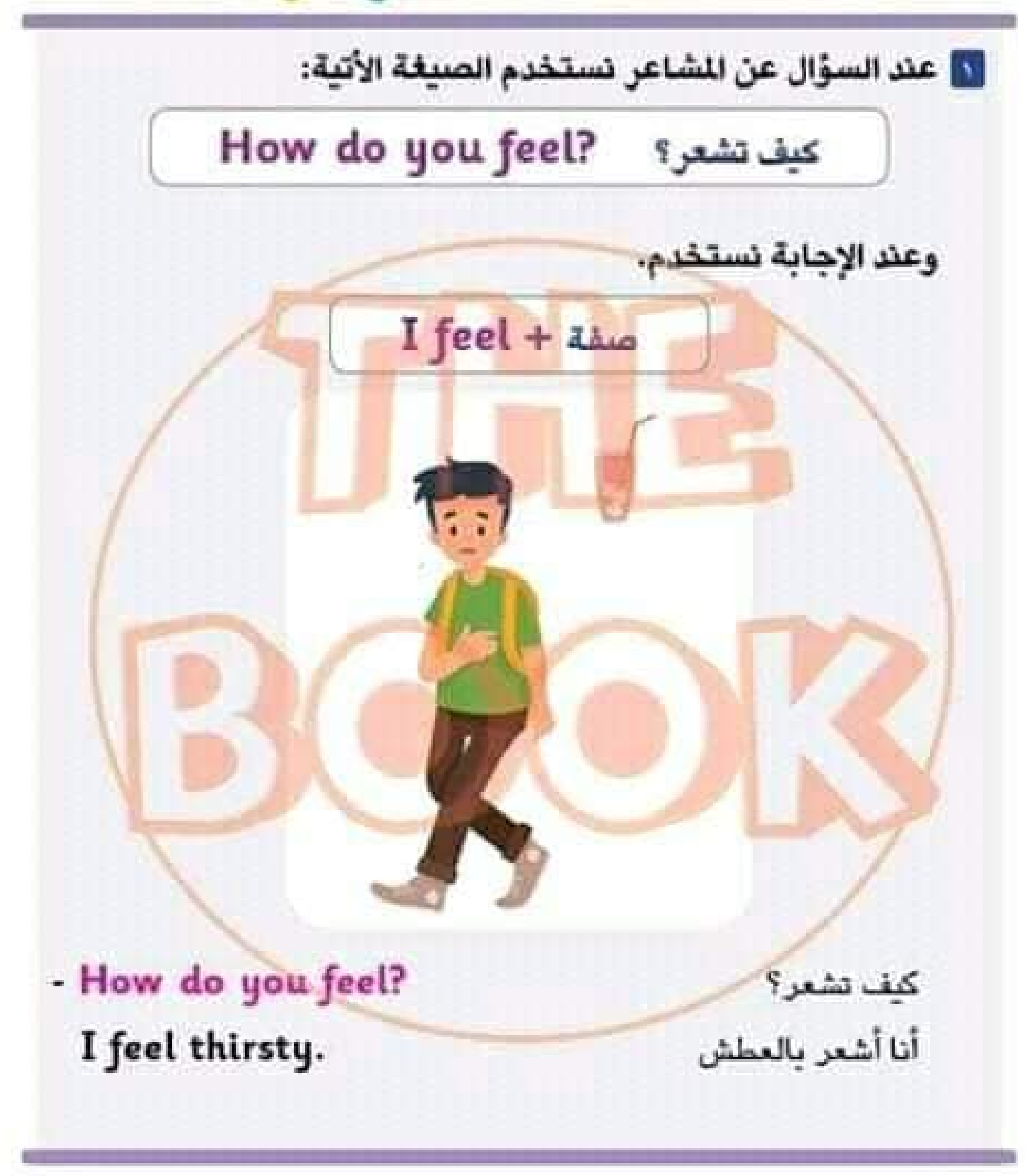
Language Functions الوظائف اللغوية

١ عند السؤال عن المشاعر نستخدم الصيغة الأتية:

How do you feel? كيف تشعر؟

وعند الإجابة نستخدم:

I feel + صفة



- **How do you feel?** كيف تشعر؟

I feel thirsty. أنا أشعر بالعطش

Exercises



1 Listen, read and number. (SB)

1 I feel angry!
2 I feel happy!
3 I feel tired.
4 I feel excited!
5 I feel sad.
6 I feel thirsty!
7 I feel hungry!










2 Fill in the gaps.

A : How do you ____________?

B : I feel ____________.

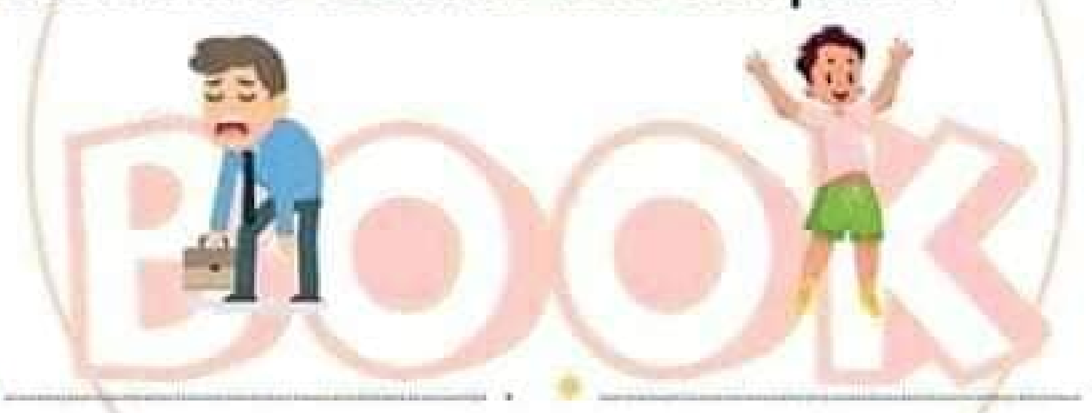


3. Look at the pictures and unscramble the words.



____________ ____________ ____________ ____________

4. Look and write a sentence under each picture.



- ______________________ .
- ______________________ .

5. Punctuate the following sentences.

- how do you feel

  ____

- i feel sad

  ____

Lesson  How do you feel?

Vocabulary

unhappy	juice	kitchen
غير سعيد	عصير	مطبخ

living room	make a sandwich
غرفة المعيشة	يصنع سندويتش

Other vocabulary مفردات أخرى

talk to	يتحدث إلى	Mommy	الأم
clean	ينظف	find	يجد
can't	لا يستطيع	can	يستطيع
kind	عطوف	at home	بالبيت

Listen and read.

Hany and Hana are in the kitchen.

Hana : Hi, Hany!

أهلًا يا هاني!

Hany : Hi Hana. How do you feel?

أهلًا يا هنا. كيف تشعرين؟

Hana : I feel thirsty and hungry but we had a great game!

أنا أشعر بالعطش والجوع ، ولكن كان لدينا مباراة رائعة!

Hany : I can make you a sandwich!

أستطيع أن أصنع لك سندويتش!

Hana : Thank you. You are very kind!

شكرًا لك. أنت عطوف جدًا.

Hany : Have some juice.

تفضلي بعض العصير.

Hana : Thank you!

شكرًا لك.

Exercises



1 **Listen, read and complete. (SB)**

unhappy	can	kitchen	living room

Hany and Hana are at home in their ________. They are talking to Mommy. Mommy feels ________ and tired. Hana and Hany ________ help her. They can clean the ________. Now Mommy is very happy.

2 **Read and complete. (SB)** أقرأ وأكمل من الدرس السابق صفحة 10

Hany and Hana are at home in the kitchen. Hana feels ________. Hany is ________. He makes a ________ and he gives Hana some ________.

3 **Choose the correct answer.**

1. How do you (feel - feels - feeling)?
2. I feel (sad - clean - talk).
3. They can clean (the sandwich - the kitchen - Mommy).
4. I feel (angry - happy - thirsty). I can't find my pen.
5. They are talking (to - with - of) Mommy.

4. Listen and number the pictures.

1. juice
2. unhappy
3. make a sandwich
4. living room
5. hungry






5. Write the first letter.





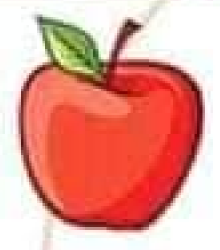
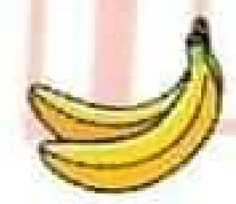
__uice __andwich __nhappy

Lesson 3 Connect with science

A healthy lifestyle



Healthy Food طعام صحي



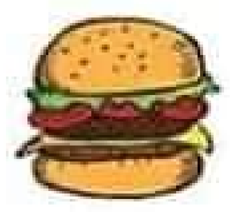
apple تفاحة | banana موزة | grapes عنب | strawberry فراولة





fish سمك | rice أرز | cheese جبنة

Unhealthy Food طعام غير صحى





burger برجر | chocolate شيكولاتة | ice cream أيس كريم

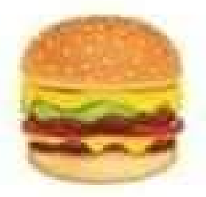
Exercises



1. Look and circle the things for a healthy lifestyle. (SB)

2. Look at the picture and unscramble the words.









rgapes	urbger	ishf	abnaan
…………………	…………………	…………………	…………………

3. Look and write a sentence under each picture.



• ______________________ . • ______________________ .

4. Match healthy food and unhealthy food.



5. Copy.

Fish is healthy food.

____

Lesson 4

Issues

Preventativa health

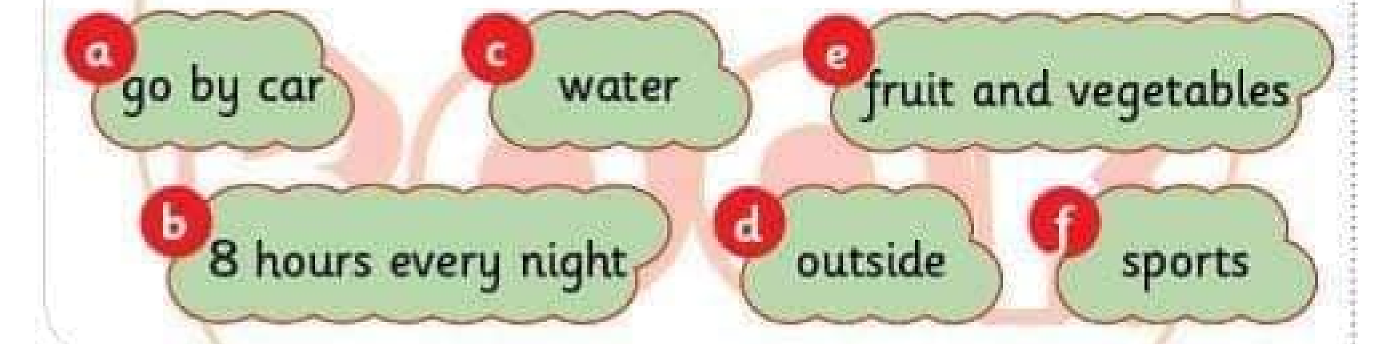


Exercises



2. Read and match.(SB)





2. Look and write. Then say.(SB)

water	vegetables	eight	sports
	healthy	rice	

I want to be .... I drink .... I eat .... , fruit and .... I play ....

I sleep for .... hours every night.

3. Tick (✓) the things for good health.(SB)

- Watch television. ☐
- Play tennis. ☐
- Eat chocolate cake. ☐
- Play board games. ☐
- Sleep for 8 hours. ☐
- Play football. ☐
- Eat bananas. ☐
- Sleep for 4 hours. ☐
- Drink water. ☐
- Play video games. ☐
- Drink cola. ☐
- Exercise. ☐
- Walk to school. ☐

4. Look at the picture and unscramble the words.



og yb acr .... evgeatbesl .... awrte .... alpy ....

5. Punctuate the following sentence.

- i like juice and burger

....

Lesson 5 * Phonics

Learn sounds with Busy Bee





1 The /i:/ sound: ea and ee.

تنطق ea / ee كحرف e مطول /i:/

e.g. ea : leaf / ee : feel

2 We have a capital letter (A, B, C, D, etc.) on the first word of the sentence.

أول حرف في أول الكلمة يكون كبير.

e.g. I feel happy.

3 We use capital letters for names of people.

نستخدم الحروف الكبيرة لأسماء الأشخاص.

e.g. Hana, Hany, Youssef

4 We have a full stop (.) at the end of the sentence.

نضع النقطة (.) في نهاية الجملة .

e.g. The bee is on the green leaf.

Exercises



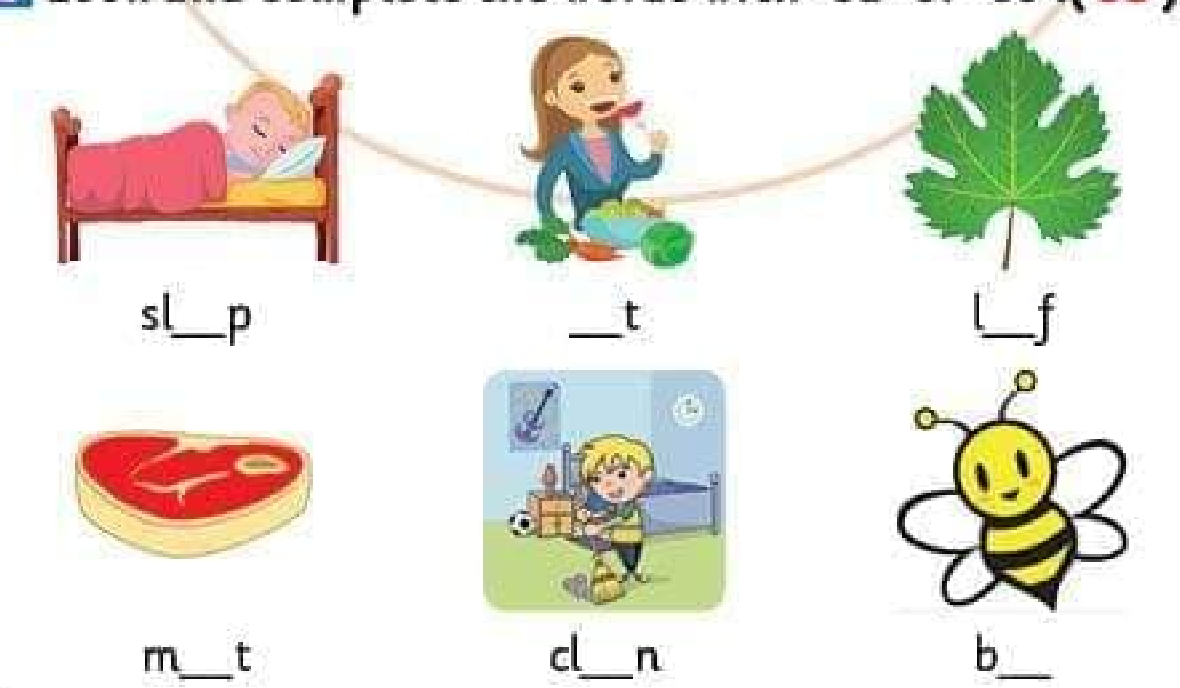
1 Look and write. Then say.(SB)

leaf | bee | feel happy | clean



1. ....
2. ....
3. ....
4. ....

2 Look and complete the words with "ea" or "ee".(SB)



sl__p   __t   l__f

m__t   cl__n   b__

3. Read and trace.(SB)

- I feel happy. I play with my team.
- The bee is on the green leaf.
- Amira meet her friend Shereen.
- They clean the playground.

4. Read and trace then say.(SB)

1. It is healthy to sleep for 8 hours.



2. Eat good food to help your body.



3. A bee sits on a leaf.



5. Put the words in the correct order to make sentences.(SB)

1. feels - **She** - tired.

....

2. eats - food - **He** - good.

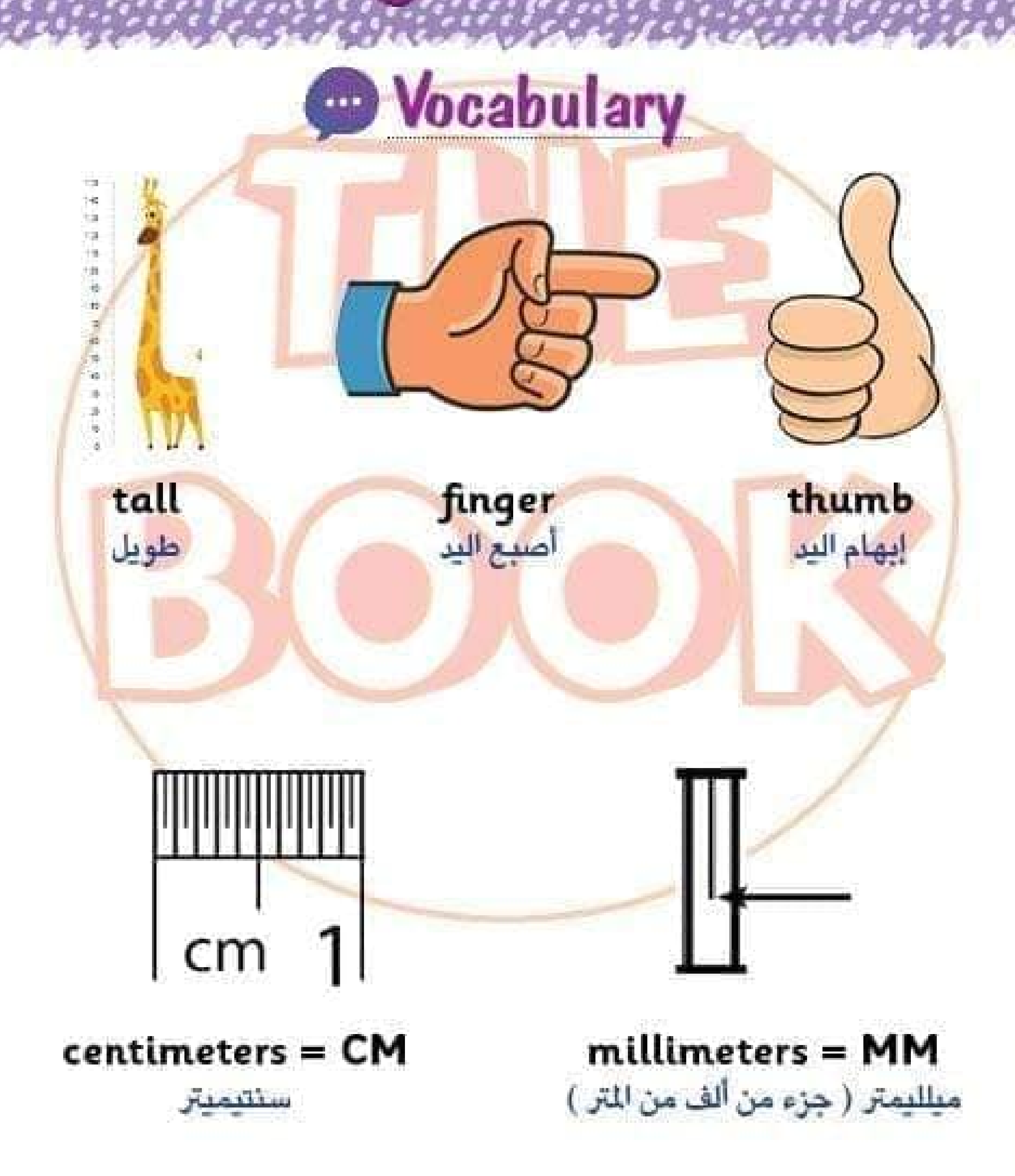
....

3. **Marwan** - eight - sleeps - hours - for - a day.

....

Lesson 6 How long is it?

Vocabulary



There are 10 millimeters in a 1 centimeter.



This is my hand.
My finger is 5.4 centimeters
and my **thumb** is 4.2 centimeters.



Draw your hand and complete the measurement.

This is my hand.
My finger is ....
centimeters and my **thumb**
is .... centimeters.

Language Functions الوظائف اللغوية

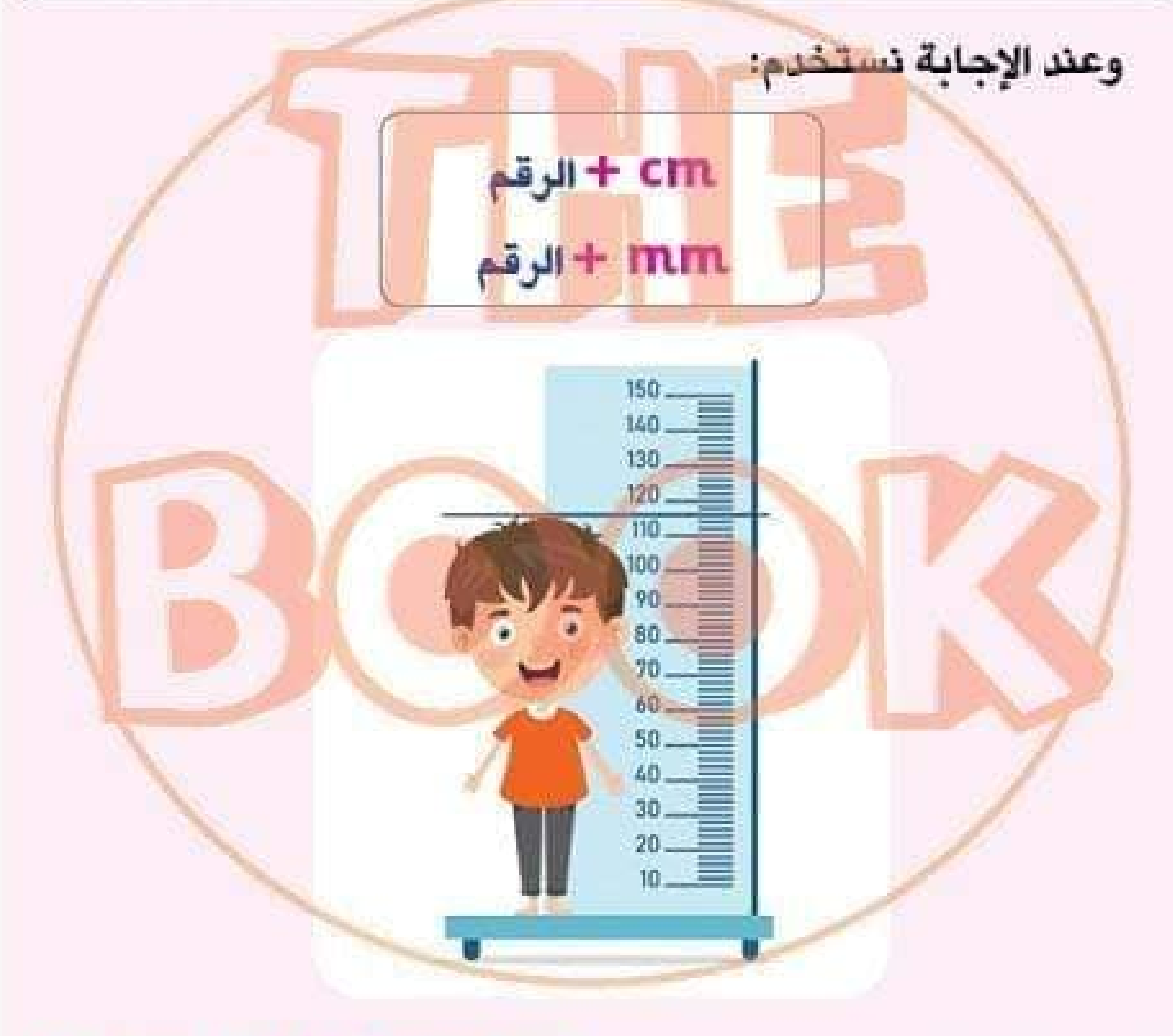
١ للسؤال عن الطول نستخدم :

How tall .... ?	ما طول .... ؟ (تستخدم للأشخاص)
How long .... ?	ما طول .... ؟(تستخدم للأشياء)

وعند الإجابة نستخدم:

الرقم + cm

الرقم + mm



- Adam is 110.1 cm tall. أدم طوله 130 سنتيمتر.

Exercises



1. Read and complete. (SB)

millimeters | centimeters

1. There are 10 millimeters in a 1 ....
2. I am 127.4 cm tall - I am 127 centimeters and four .... tall.

2. Look and write a sentence





★ .... ★ ....

3. Match (A) with (B).

(A)	(B)
1. How do	happy.
2. Ahmed is 120	healthy food
3. I feel	you feel?
4. Bananas are	cm.



4. Look, read and write.



_humb



_all



_inger



_and



5. copy.

Hany is 130.5 cm.

This is my thumb.

Review

Feelings

feel
يشعر

thirsty
عطشان

hungry
جائع

excited
مثار / منفعل

sad
حزين

angry
غاضب

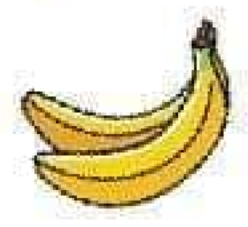
hot
ساخن

happy
سعيد

Healthy and unhealthy food



apple
تفاحة



banana
موزة



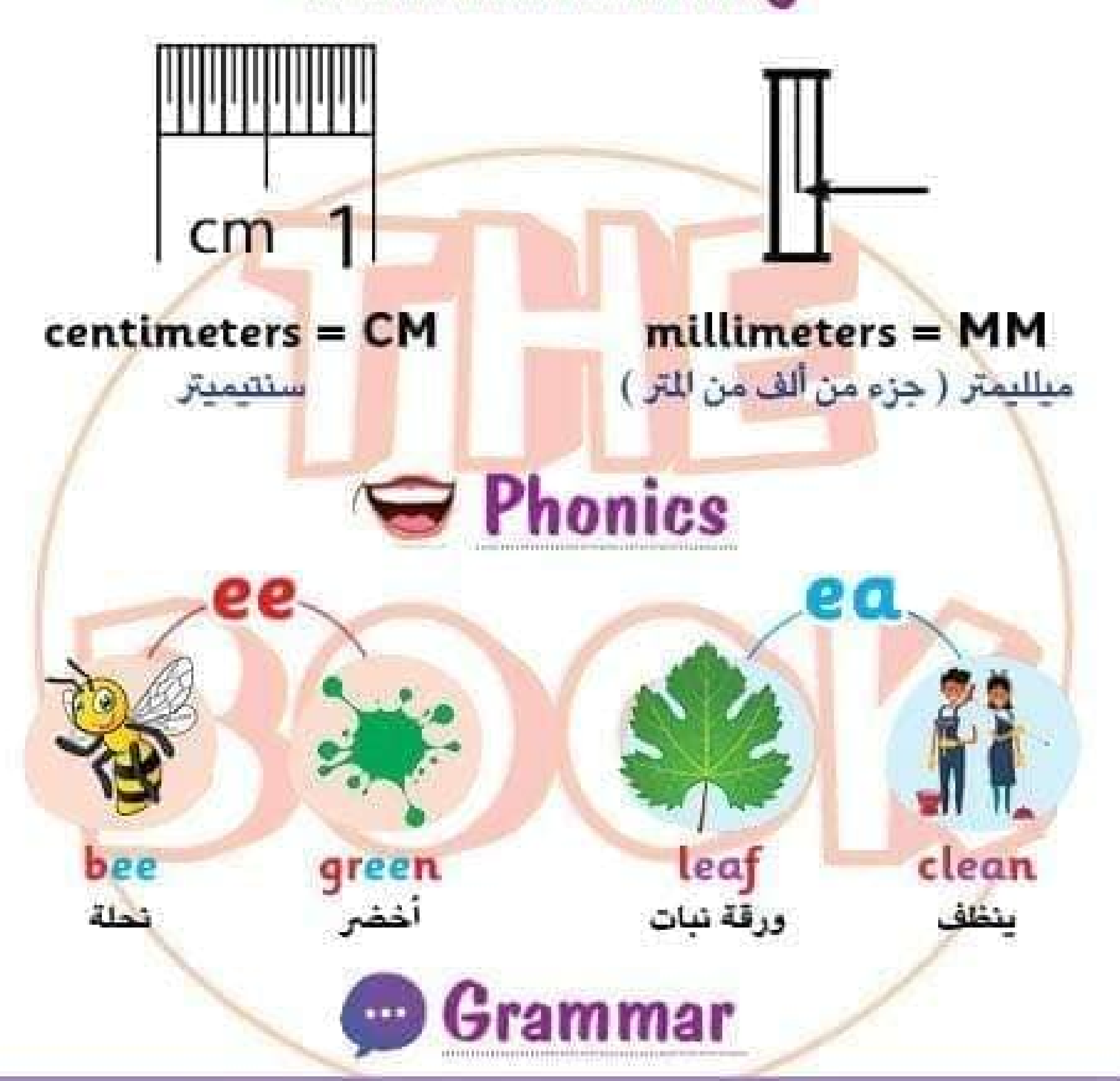
chocolate
شيكولاتة



ice cream
أيس كريم



Math measuring



Grammar

١ عند السؤال عن المشاعر نستخدم الصيغة الأتية.

How do you feel? كيف تشعر؟

٢ للسؤال عن الطول نستخدم :

How long .... ? / How tall .... ?

Test on Unit 1

1. Listen, read and number.

1. eat
2. sleep
3. thirsty
4. drink
5. hungry
6. clean







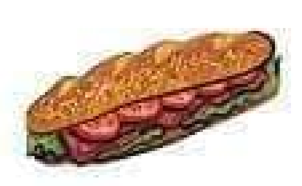

2. Fill in the gaps.

A : .... do you feel?

B : I feel ....

3. Look at the picture and unscramble the words.






rtide ....

yaphpnu ....

wihsacnd ....

iecju ....

4. Choose the correct words.

1. I can't find my pen. I feel ....
   - a angry
   - b tired
   - c happy
2. .... do you feel?
   - a Where
   - b When
   - c How
3. Grapes are .... food.
   - a healthy
   - b bad
   - c unhealthy
4. How .... is it? - It's 4.5 cm.
   - a long
   - b old
   - c colour
5. Al Ahly is my favourite ....
   - a team
   - b family
   - c school

5. Look at the picture and complete the sentence.



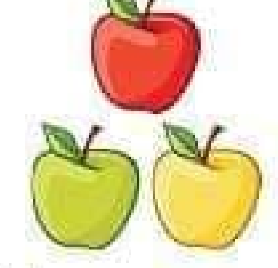
I like ....



I don't like ....



I don't like ....



I like ....

6. Match (A) with (B).

(A)	(B)
1. I eat	a. is unhealthy food.
2. How	b. is healthy food.
3. Chocolate	c. do you feel?
4. I feel	d. rice.
	e. thirsty.

7. copy.

How long is it?

Mommy and Shereen clean the kitchen.

8. Punctuate the following sentence.

- i meet my friends on Fridays